

# MATOSINHOS 2022



22-24

**APRIL**

*Karate 1 – Premier League*

**MATOSINHOS 2022**

**Portugal**

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## 1. WELCOME MESSAGE

### 1.1 Greeting from the Host Federation

Dear participants,

I am very pleased and honoured to host once again the Karate 1 – Premier League in Portugal.

The Federação Nacional de Karate – Portugal organizes the Karate 1 – Premier League, an event of high international prestige of the sport in the World, from April 22<sup>nd</sup> to 24<sup>th</sup> 2022, in the city of Matosinhos – Portugal.

Since the current World difficult circumstances, we have set targets to revalue our sport and to perform organizational affirmation. This event, in a general perspective, gives us cause for enhanced satisfaction, reflecting the dynamics of Karate, in general, and specifically in Portugal.

We hope and wish that this Karate 1 – Premier League will be a great championship for the WKF family. We will do everything to make sure that you are presented with an excellent stay, feeling that you participated in an event of excellence that provided you unforgettable moments.

As President of the Federação Nacional de Karate – Portugal I would like to WELCOME YOU and say we are working with all the commitment, so that you may feel the warmest welcome.

Thank you for honouring our Federation with your presence in Portugal.

Greetings,

**Carlos Silva**

*President of the Federação Nacional de Karate – Portugal (Portuguese Karate Federation)*



## 2. INTRODUCTION

The Karate1-Premier League is the most important league event in the world of Karate. It comprises of a number of the most prominent Karate competitions and endeavours to bring together the best Karate athletes in the world in an open Championships of unprecedented scale and quality.

Initiated in 2011, the 2022 edition is formed by four events being held in the cities of Fujairah, Matosinhos, Rabat, Baku and Moscow thus stating Karate's impact all around the world and its global scale. The city of Matosinhos hosts a Karate 1-Premier League event for the first time.

At the final Premier League event 2022 or the first Premier League event 2023, the champions of each category are presented with the "Grand Winners" award. In order to be eligible to receive the "Grand Winners" award, competitors have to participate in at least 4 events in 2 continents of the season.

## 3. INTRODUCTION KARATE 1-PREMIER LEAGUE - MATOSINHOS 2022

The Karate 1 – Premier League – Matosinhos 2022 will be held next April 22<sup>nd</sup> to 24<sup>th</sup>, at "Centro de Desportos e Congressos de Matosinhos", located at Rua Nova do Estádio, 4460-381 Senhora da Hora – Portugal.

## 4. COMPETITION INFORMATION

### 4.1 Categories

The competition categories are identical to those individuals for Senior World Championships

KATA

Individual Female/Male

KUMITE

Female                      -50 kg, -55kg, -61 kg, -68 kg, +68kg

Male                         -60 kg, -67 kg, -75 kg, -84 kg, +84 kg

### 4.2 Prizes

For individual categories (Kumite and Kata):

- Gold Medalist:            1.000 €
- Silver Medalist:         500 €
- Third Places:             250 €



## 5. CONTACT INFORMATION

### 5.1 Organizers contact details

**Federação Nacional de Karate – Portugal**

Address: Rua do Cruzeiro nº11A – 1300-160 Lisboa – PORTUGAL

E-mail: [fnkp@fnkp.pt](mailto:fnkp@fnkp.pt)

Mobile +351 967 162 645

Website – <https://k1portugal.fnkp.pt>

Facebook – <https://www.facebook.com/karatepremierleagueportugal>

Instagram – [https://www.instagram.com/k1\\_premierleague\\_portugal/](https://www.instagram.com/k1_premierleague_portugal/)

### 5.2 Local Organising Committee contact details

**Head Coordinator – Carlos Silva**

[presidente@fnkp.pt](mailto:presidente@fnkp.pt)

Mobile +351 960 164 777

**Coordinator – Joaquim Gonçalves**

[dtnd@fnkp.pt](mailto:dtnd@fnkp.pt)

Mobile +351 919 769 570

**Secretariat and General Issues – Sara Martins**

[secretary.k1@fnkp.pt](mailto:secretary.k1@fnkp.pt)

Mobile +351 967 162 645

**Logistics, hotel, transfers, catering and payments – André Vieira**

[logistics.k1@fnkp.pt](mailto:logistics.k1@fnkp.pt)

Mobile +351 939 534 033

**COVID-19 Protocol – Ana Gonçalves**

[covid19protocol.k1@fnkp.pt](mailto:covid19protocol.k1@fnkp.pt)

Mobile + 351 937 737 887

### 5.3 WKF Event Supervisor contact

The WKF Event Supervisor for this Premier League event is Mr. Esteban Perez. His contact details are as follows:

Email: [esteban@wkf.net](mailto:esteban@wkf.net)

Telephone: +34 679336867

### 5.4 WKF Covid Protocol contact

Michael Wenner (Email: [mwenner@wkf.net](mailto:mwenner@wkf.net))

## 5.5 Safe Sport contact

WKF events must be safe for all athletes and participants and entirely free from any form of non-accidental violence, namely, harassment and abuse. Any such behaviour will not be tolerated.

If you or someone you know has been the victim of abuse or harassment in Karate, get help and report it.

Your first point of contact for any incident at this event is the WKF Event Supervisor, whose contact information you can find detailed above.

Otherwise, any other incident can be reported via the [WKF Official Complaint Form](#) and sent to: [safekarate@wkf.net](mailto:safekarate@wkf.net)

## 6. WKF APPROVED PROTECTIONS, KARATEGIS & TATAMIS

The Karate 1-Premier League complies with the highest level of presentation. In order to guarantee the correct delivery of the event, and to ensure the suitable quality of the tournament, exclusively the following brands are WKF Approved for use in the 2022 Karate 1-Premier League Season.

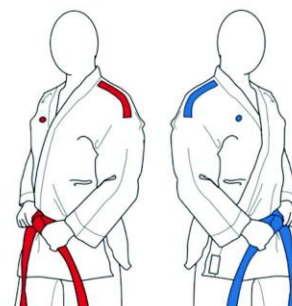
### SPORT PROTECTIONS “WKF Approved”



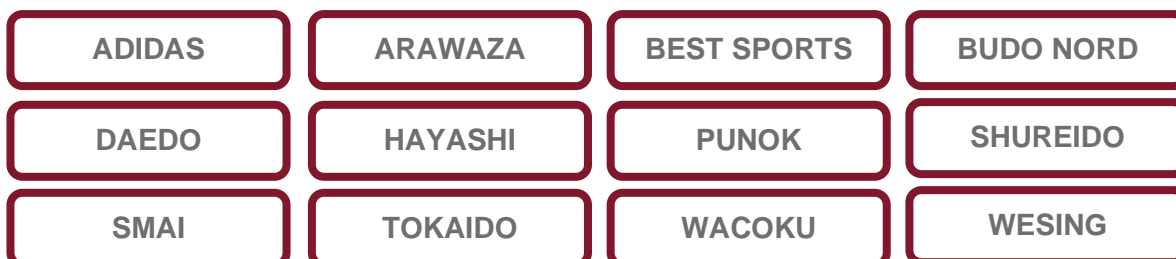
\*Click on the logos

### OFFICIAL KARATEGI KARATE 1 - PREMIER LEAGUE

Kumite and Kata karategis with the brand name embroidered on the shoulders in **RED** or **BLUE** are of mandatory use in Karate 1-Premier League tournaments.



The authorized companies to use these karategis models are those with Sport Protections WKF approved, listed below;



\*Click on the buttons



### TATAMIS “WKF Approved”

Click on the image to visit the distributors by countries.



### TATAMIS “WKF Approved”

**ishii**

**PROGNOME**  
TATAMI BY TROCELLEN

**TaiShan**

**TatamiX**

**WESING** 九日山

\*Click on the logos

### HOMOLOGATED ITEMS STANDS AT THE EVENT

If health conditions permit it, there will be commercial stands selling official products, equipment and other merchandising with official branding approved by the WKF.

## 7. EVENTS SCHEDULE

**DUE TO THE CURRENT EMERGENCY HEALTH SITUATION THIS EVENT WILL BE HELD UNDER THE WKF COVID-19 PROTOCOL;**

[https://issuu.com/karatewkf/docs/wkf\\_covid\\_19\\_protocol?fr=sODJhODIyNDE5ODQ](https://issuu.com/karatewkf/docs/wkf_covid_19_protocol?fr=sODJhODIyNDE5ODQ)  
[https://www.wkf.net/pdf/WKF\\_COVID\\_protocol.pdf](https://www.wkf.net/pdf/WKF_COVID_protocol.pdf)

In order to respect and properly follow the WKF Covid-19 protocol, **the schedules below will be strictly followed.**

THURSDAY 21/04/2022	ACTIVITY	MATOSINHOS
<b>REGISTRATION FOR PREMIER LEAGUE EVENT</b>		
10:00 – 16:00 hrs	<p>The onsite registration will be completed as follows;</p> <p>CHECKING OF THE COVID DOCUMENTATION (SECTION 16) FOR ALL DELEGATION MEMBERS</p> <p><b><u>ATHLETES</u></b></p> <p>CHECKING OF THE COVID DOCUMENTATION (SECTION 16) ONSITE</p> <p>REGISTRATION AND ACCREDITATIONS' DELIVERY</p> <p>*The ANTIGEN TEST for athletes, officiating coaches, doctors, physiotherapist will take place each day of competition.</p> <p><b><u>OFFICIALS AND REFEREES</u></b></p> <p>CHECKING OF THE COVID DOCUMENTATION (SECTION 16) ONSITE</p> <p>ANTIGEN TEST</p> <p>Upon reception of a negative result of the antigen test, DELIVERY OF ACCREDITATIONS</p> <p>Timeslots by alphabetic order of Countries will be applied to ensure a smooth onsite registration process. Such timeslot will be established once finished the online registration.</p>	Centro de Desportos e Congressos de Matosinhos
17:00 hrs	DRAWS and COACH MEETING	ONLINE & ON-SITE
20:00 – 21:30 hrs	REFEREES BRIEFING	Centro de Desportos e Congressos de Matosinhos

WKF COACH COURSE		
10:00 – 16:00 hrs	<p>The onsite registration for those COACHES PARTICIPANT IN THE WKF COACH PROGRAMME will be completed as follows;</p> <p>CHECKING OF THE COVID DOCUMENTATION (Section 16)</p> <p>ONSITE REGISTRATION AND PRE - ACCREDITATIONS' DELIVERY (Coaching Course Accreditation)</p> <p>ANTIGEN TEST (Stamped CC Accreditation)</p> <p>THE TIMETABLE FOR THE COACH PROGRAMME IS LISTED BELOW:</p>	
	16:00 – 17:30 hrs	ACCREDITED COACH BRIEFING
	17:30 – 18:15 hrs	KUMITE COACH EXAMINATION
	18:15 – 19:00 hrs	KATA COACH EXAMINATION
19:30 hrs	COACH EXAMINATIONS RESULTS AND DELIVERY OF THE ACCREDITATIONS (to those approved coaches)	

Centro de Desportos e Congressos de Matosinhos

## COMPETITION PROGRAMME

### PREMIER LEAGUE 2022: ROUND ROBIN SYSTEM

<b>FRIDAY (22/April/2022)</b>	
	<b>Kata Individual – Round Robin</b>
<b>9:00</b>	Female
	<b>Kumite Individual – Round Robin</b>
10:30	Male -60 Kg
12:00	Female -50 Kg
13:30	Male -67 Kg
15:00	Female -55 Kg
16:30	Male -75 Kg
	<b>Kata Individual – Quarter Finals &amp; Semi Finals</b>
18:15	Female
	<b>Kumite– Quarter Finals</b>
18:45	Male & Female -60kg / -50kg/ -67kg/ -55kg/ -75kg
	<b>Kumite–Semi Finals</b>
19:35	Male & Female -60kg / -50kg/ -67kg/ -55kg/ -75kg
<b>20:30</b>	<b>End of the Friday's Competition</b>

<b>SATURDAY (23/April/2022)</b>	
	<b>Kata Individual – Round Robin</b>
9:00	Male
	<b>Kumite Individual – Round Robin</b>
10:30	Female -61 Kg
12:00	Male -84 Kg
13:30	Female -68 Kg
15:00	Male +84 Kg
16:30	Female +68 Kg
	<b>Kata Individual – Quarter Finals &amp; Semi Finals</b>
18:15	Male
	<b>Kumite – Quarter Finals</b>
18:45	Female & Male -61kg/ -84kg/ -68kg/ +84kg/ +68kg
	<b>Kumite – Semi Finals</b>
19:35	Female & Male -61kg/ -84kg/ -68kg/ +84kg/ +68kg
<b>20:30</b>	<b>End of the Saturday's Competition</b>

## PREMIER LEAGUE 2022: MEDALS BOUTS

<b>SUNDAY (24/April/2022)</b>	
<b>10:00</b>	<b>Kata Individual – Bronze Medals Bouts</b>
10:05	Female
<b>10:25</b>	Male
	<b>Kumite Individual – Bronze Medals Bouts</b>
10:50	Female -50 Kg
11:10	Male -60 Kg
11:30	Female -55 Kg
11:50	Male -67 Kg
12:10	Female -61 Kg
12:30	Male -75 Kg
12:50	Female -68 Kg
13:10	Male -84 Kg
13:30	Female +68 Kg
13:50	Male +84 Kg
<b>14:10</b>	<b>Lunch Break</b>
<b>15:30</b>	<b>Kata Individual – Finals Bouts</b>
15:35	Female
15:45	Male
	<b>Kumite Individual – Finals Bouts</b>
16:00	Female -50 Kg
16:10	Male -60 Kg
16:20	Female -55 Kg
16:30	Male -67 Kg
16:40	Female -61 Kg
16:50	Male -75 Kg
17:00	Female -68 Kg
17:10	Male -84 Kg
17:20	Female +68 Kg
17:30	Male +84 Kg
<b>17:45</b>	<b>Medals Award</b>

The detailed competition schedule will be fixed after closing the online registration in order to adequate it to the final number of athletes.

Only the categories appointed will be allowed to stay in the stadium during the authorized timetables.

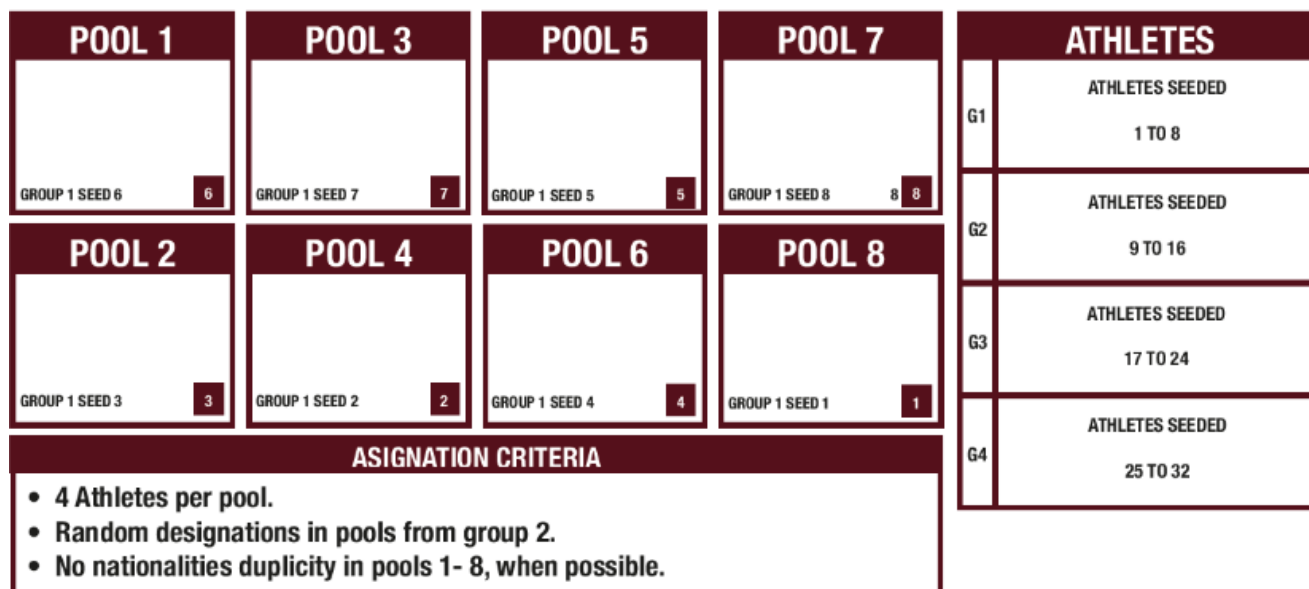
Detailed information will be communicated at due time.



## 7.1 New competition System

The new competition system consists of two different phases:

### Round Robin Phase

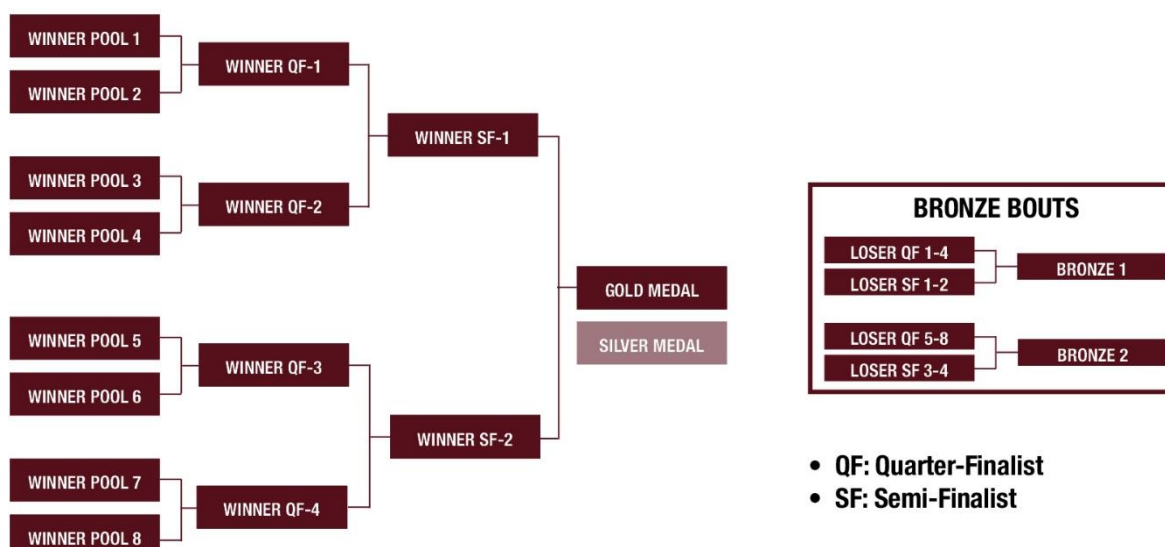


\* Pools of 3 athletes will be draw following the same asignation and order criteria that athlete's seed

The number of pools and athletes per pool depends on the number of competitors registered.  
This information is detailed in the [WKF World Ranking Rules](#).

### Elimination Phase

#### FINAL ROUND



## 8. RANKING

Competitors can earn ranking points in every Karate 1 event according to the official WKF Ranking Criteria, point 3.2 of the [WKF Ranking Rules](#)

The [Applicable Ranking](#) will be the one updated on the day of the online registration opening.

## 9. ONLINE REGISTRATION & OFFICIAL ACCREDITATION

All registration in a Premier League event must be processed ONLINE. Onsite registrations will NOT be accepted.

The registration will be validated once completed the online payment through the payment platform.

### 9.1 Online Registration Process

#### NEW INFORMATION

The registration starts two (2) months prior to the event, on **22<sup>nd</sup> February 2022** and close fifteen (15) days before the tournament, on **7<sup>th</sup> April 2022 at the 12:00 hrs GMT +0** and it is divided in the following three phases (all phases will close at the 12:00 hrs GMT +0 of the listed day);

PHASE 1
<i><b>From 22<sup>nd</sup> February to 1<sup>st</sup> March 2022</b> (first week for registration)</i>
Registration <b><u>only by NFs for athletes classified between the positions 1 and 32 (included)</u></b> in the Event Ranking. No limit of athletes per NF
<i><b>From 2<sup>nd</sup> to 9<sup>th</sup> March 2022</b> (second week for registration)</i>
Open registration <b><u>for athletes classified between the positions 1 and 32 (included)</u></b> in the Event Ranking. No limit of athletes per NF

PHASE 2
<i><b>From 10<sup>th</sup> to 24<sup>th</sup> March 2022</b> (next two weeks of registration)</i>
If vacancies, open registration <b><u>for athletes ranked between positions 33 and 64 (included)</u></b> in the Event Ranking. No limit of athletes per NF.

PHASE 3
<i><b>From 25<sup>th</sup> March to 7<sup>th</sup> April 2022</b> (last two weeks of registration)</i>
If vacancies, open inscription <b><u>for competitors ranked between positions 65 and 100 (included)</u></b> in the Event Ranking. No limit of athletes per NF.

All **competitor** registrations must be made **ONLINE**

**ATHLETES**  
**REGISTRATION**

All **referee** registrations must be made **ONLINE**

**REFEREE**  
**REGISTRATION**

All **coach** registrations must be made **ONLINE**

**COACH**  
**REGISTRATION**

Individuals and National Federations are responsible for the quality of the entered registration data.

The online registration of athletes will be openly disclosed for everyone from the beginning, allowing consultation by WKF NFs of the competitors registered in real time.

**Any issue regarding the online registration have to be notified to the software provider and to the WKF, latest five days before the first day of competition, in order to allow taking them in consideration without altering the smooth running of the process.**

Fifteen days before the start of the event the online registration will close.

### **Technical Support for Online Registration**

In case of any questions concerning the online registration please directly contact the Sportdata software team via the email address; [karate1@sportdata.org](mailto:karate1@sportdata.org) or [office@sportdata.org](mailto:office@sportdata.org)

## **9.2 Entry Fee**

The entry fee is € 100 per each individual entry.

## **9.3 Payment**

All payments must be processed through the ONLINE PAYMENT PLATFORM. Onsite payments will NOT be accepted.

## 9.4 Official Accreditation

The official accreditation will take place on Thursday, 21/04/2022, from 10.00 a.m. to 16.00 p.m. at the Centro de Desportos e Congressos de Matosinhos.

If changes are required during the official registration session, because of incorrect or missing registration data, a fee of € 20 is charged for each change.

At registration, accreditation cards will be issued with the participants main data, a photograph and information about registered categories. The accreditation card must be worn at all times during the event.

Only members of national federations recognized by WKF are admitted participating, as per the [WKF Karate 1 - Premier League Organising Rules 2022 \(Point 6 Registration\)](#).

**All participants must submit an official document (passport or other valid ID card) for the WKF identification and validation at the accreditation session.**

**The accreditation of any competitor must be done by the athlete or the athlete's coach, in person bringing the athlete passport or other valid ID at the accreditation session.**

**The competitor who has not collected, either personally or through his/her coach the accreditation during the official registration, will not be included in the draw.**

**The weighing will be carried out immediately after receiving the accreditation, those athletes who will not attend the weighing will not be included in the draw.**

## 10. BACK NUMBERS

The use of back numbers is compulsory for all categories and modalities in Karate 1 – Premier League events.

The back number to be used in Karate 1 – Premier League events 2022 will be the same as those already provided for Karate 1 – Premier League events 2020-21.

New back numbers will only be delivered at the accreditation season to those athletes who have not participated in a Karate 1-Premier League events 2020-21.

All competitors are required to carry properly sewn on the back of their karategi's jacket the back number.

Due to the prevention measures for the Covid-19 pandemic the sewing of the back number on the karategis must be done by the competitor himself/herself.

If the back number is not properly sewn, it can be a reason for disqualification.

## 11. WKF COACH PROGRAMME

According to the WKF Coach Educational Programme, **the minimum certification required to take part in Karate 1 – Premier League events is the “Kumite or Kata certification” (level 2).** To obtain such certification, coaches must pass the corresponding **Kumite or Kata examination.**

The Kumite or Kata coach licence can be obtained or;

- through the [WKF E-learning platform for Coaches](#)
- or by attending to one of the Programmes for Coaches that the WKF held in official events.

A WKF Programme for Coaches will be held in all Karate 1 - Premier League events 2022.

Only coaches in possession of the “WKF Accredited Coach” level have access to the “WKF Kumite or Kata certification”



\*Official Coach AO Box

### 11.1 WKF Programme for Coaches, MATOSINHOS 2022

Please find below the Coach schedule and the details for the registration process:

#### 11.1.1 Schedule

Accredited Coach Briefing				
Thursday	21/04/2022	from 16:00 hrs	to 17:30 hrs	Centro de Desportos e Congressos de Matosinhos
Certified Kumite Coach Examination				
Thursday	21/04/2022	from 17:30 hrs	to 18:15 hrs	Centro de Desportos e Congressos de Matosinhos
Certified Kata Coach Examination				
Thursday	21/04/2022	from 18:15 hrs	to 19:00 hrs	Centro de Desportos e Congressos de Matosinhos



\*\*\* Please note that it is possible to take part in both the “Accredited Coach Briefing” and the “Certified Kata and/or Kumite Coach Exams”. \*\*\*

### 11.1.2 Online Registration

Those coaches who wish to attend to the “WKF Coach Programme” in Matosinhos must be registered ONLINE with deadline **7<sup>th</sup> April, 2022**

#### **COACH PROGRAMME REGISTRATION**

Should you have any difficulties when registering, please contact [support@sportsid.org](mailto:support@sportsid.org) for technical support.

### 11.1.3 Fees

We would like to remind you that the fees for the Program for WKF Coaches are as follows:

Briefing for “Accredited Coach” level (new application or license renewal)  
**300 CHF**

Examination for “Certified Kumite Coach” (new application or license renewal)  
**250 CHF**

Examination for “Certified Kata Coach” (new application or license renewal)  
**250 CHF**

### 11.1.4 Payment

All payments must be made through Sportdata platform.

No other methods of payment will be accepted.

Registrations and payments onsite will not be accepted.

## 12. MEDIA

### 12.1 TV Production

All the events of the 2022 Karate 1 – Premier League will be produced by TV. The competition on Sunday will be available to a worldwide viewing audience through a high-quality TV production which will be provided to TV networks around the world following the agreements of the WKF with these networks.

Due to these agreements VIDEO RECORDING WILL NOT BE ALLOWED UNDER ANY CIRCUMSTANCE.

## 12.2 Youtube Streaming

The events of the 2022 Karate 1 – Premier League (eliminations and medal bouts) will be available by streaming on [WKF Youtube Channel](#) for those countries without TV rights.

In those countries with the rights exclusives in TV channels, the medal bouts will be available only in the [listed TV channels](#).

## 12.3 Press

Press accreditation can only be given to professional journalists working for a media and having proof of their credentials.

Media professionals can register to request press accreditations through the online registration form which can be found here:

**[PRESS REGISTRATION](#)**

All press accredited shall follow the WKF Covid 19 Protocol and local health measures which includes submitting a negative PCR nasopharyngeal results or vaccination certificate and the Waiver Individual +18. Additionally, all press will wear the authorized protective face mask as described in (section 16).

Should you need more information about press or media related issues, please contact the World Karate Federation's office: [press@wkf.net](mailto:press@wkf.net)

## 13. THE VENUE

Matosinhos Sport and Congress Center is located at Rua Nova do Estádio, 4460-381 Senhora da Hora – Portugal.



OFFICIAL TATAMI FOR THIS TOURNAMENT

### 13.1 Lunch services at the Venue

In due course we will detail the best food conditions for the participants in the event.

Will be available on the event website: <https://k1portugal.fnkp.pt>

## 14. TICKETS

Probably it will be an event with public, but it will depend on the evolution of the COVID-19 pandemic and the measures that will be defined by the Portuguese National Health Service.

## 15. OFFICIAL HOTELS

### 15.1 Headquarter Hotel

#### ***Four Points by Sheraton*** ★★★★★

Whether you travel for business or leisure, Four Points by Sheraton Matosinhos welcomes you with four-star comfort, outstanding service and an ideal location in the city.

The hotel offers a wide variety of facilities and services including a business center, 24-hour front desk, all day dining bar with tasty meals and refreshing drinks, a Cafeteria with a wide selection of pastries, a Gym fitted with the best equipment and a parking lot for your car.



Matosinhos beach is only 5 minutes walking distance from the hotel, perfect for surfing and other water sports. As a fishing area, local restaurants offer you the most wonderful fresh fishes and sea food for your delight.

Hotel – Oporto Airport 9.3Km (9min)

Hotel – Sportshall 2.6Km (6min)



## 15.2 Official Hotels

### **Tryp Porto Expo ★★★★★**

The recently refurbished TRYP Porto Expo Hotel is a modern 4-star unit located in Leça da Palmeira.

With 4 different styles to choose from (family, fitness, premium and standard), the Hotel TRYP Porto Expo has 117 rooms and 3 Suites. Rooms for non-smokers and with access for disabled guests, bathroom with hair dryer, air conditioning, satellite TV and video, direct-dial telephone with fax and computer connection socket, refrigerated bar, safe, electronic locks, and room service.

The restaurant is open every day at breakfast with a hot and cold buffet. At lunch and dinner, the Mercato Restaurant serves local specialties and international cuisine.



Hotel – Oporto Airport 8.4Km (7min)

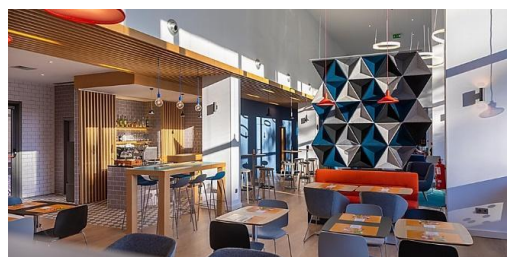
Hotel – Sportshall 4.1Km (6min)

### **Holiday Inn Express Porto – Exponor ★★★★★**

Friendly staff welcome you into sleek monochrome lobby at modern Holiday Inn Express Porto-Exponor, just 8 minutes' drive from Francisco de Sá Carneiro Airport. The location opposite the Exponor convention center, in Leça da Palmeira, means you can linger over a complimentary buffet breakfast and still make it to your morning meeting in time.

Relax with a flat-screen TV in your contemporary guest room and catch up on emails with wireless Internet in your warm-toned Guest room at Holiday Inn Express Porto-Exponor. Help yourself to complimentary tea and coffee and refresh in the bathroom's invigorating power shower and separate bathtub.

Ask 24-hour front desk staff at Holiday Inn Express Porto-Exponor to recommend their favorite local restaurants. After dinner, catch up with friends in our stylish Lobby Bar.



Hotel vs Oporto Airport 9Km (7min)

Hotel vs Sportshall 3.6Km (6min)



### **B&B Hotel Porto Expo Aeroporto ★★ ★**

The B&B Hotel Porto Expo Aeroporto offers modern and very well-equipped facilities. If your visit is for work purposes, the hotel has large work rooms that have high-definition TVs and all the equipment you need to make your sessions as productive as possible.

As usual in B&B hotels, the hotel offers free luggage storage, free coffee and tea, a late check out service until 3 pm, B&B shop and a laundry service. In addition, forget about parking problems at B&B hotels because parking in there is free, indoors and outdoors. And all this with a 24-hour reception service.

The hotel rooms are equipped with the latest technology. You will find free high-speed Wi-fi in all of them, high-resolution TVs with built-in Chromecast devices, air conditioning, a minibar and huge beds where you can relax after a tiring day of work or an intense visit to the city.

Hotel – Oporto Airport 2.9Km (4min)

Hotel – Sportshall 6.9Km (9min)



### **Moov Hotel Porto Norte ★★ ★**



The Moov Hotel Porto Norte has 7 floors, 129 rooms and 25 parking spaces. It is a comfortable hotel with a careful selection of the available services so that you can have all that is important without paying too much.

The services offered value what is crucial for a practical and welcoming stay: reception open 24/day, daily cleaning, private parking, free wi-fi, breakfast buffet and efficient equipment, ecological showers, LED lightbulbs, sensors and other kind of equipment designed for the same purpose.



The rooms feature minimalist decor, soundproofing, climatization, a double bed, wooden floors, flat-screen cable TV, a work desk with a telephone and sophisticated wooden furniture. The private bathroom is functional and includes a shower.

Hotel – Oporto Airport 9.6Km (7min)

Hotel – Sportshall 3.2Km (6min)



## 15.3 Hotels Rates

PRICES IN (€) PER PERSON/PER NIGHT (LOCAL TAXES INCLUDED AND HOTEL TRANSFER)						
Nº	HOTEL NAME	START RATING	MEAL	SINGLE	DOUBLE	TRIPLE
1	FOUR POINTS BY SHERATON (HQ)	****	With Breakfast	120 €	70 €	
			Half Board	145 €	95 €	
			Full Board	170 €	120 €	
2	TRYP Porto Expo	****	With Breakfast	85 €	60 €	
			Half Board	110 €	85 €	
			Full Board	135 €	105 €	
3	Holiday Inn Express	***	With Breakfast	75 €	50 €	45 €
			Half Board	95 €	65 €	60 €
			Full Board	115 €	95 €	80 €
4	B&B Hotel Porto Aeroporto	***	With Breakfast	70 €	40 €	40 €
4	Moov Porto Norte	***	With Breakfast	90 €	50 €	

\*\*\* THE NUMBER OF AVAILABLE ROOMS ARE LIMITED AND A FIRST COME FIRST SERVE POLICY WILL BE IMPLEMENTED

- ALL QUOTATIONS ABOVE ARE NET PRICE PER PERSON
- RATES ARE INCLUSIVE OF WI-FI ACCESS
- **TRANSPORTATION:** THE ABOVE RATE IS INCLUSIVE SHUTTLE BUS SERVICES, BETWEEN OFFICIAL HOTELS AND CHAMPIONSHIP VENUE, AND VICE VERSA FOR THE THREE DAYS OF COMPETITION ONLY

## 15.4 Reservation, payment and cancelation

### 15.4.1. Reservation

- According to the precautionary measures in place, participants will not be allowed to use the means of transportation for the tournament unless they are booked in the official hotels of the tournament and by the exclusive organizers of hotel reservations ([logistics.k1@fnkp.pt](mailto:logistics.k1@fnkp.pt)).
- **In accordance with the provisions of the PORTUGAL Health Authorities, all accredited participants must stay in the Official Hotels and make their reservations through the organization.**
- A reservation will be considered if the 1<sup>st</sup> payment has been completed.
- Reservations on request. To ensure the best possible accommodation for all athletes, please make your reservations as soon as possible.
- Reservations must be made through the Application Form in the link below:
  - Accommodation and Transfer: <https://forms.gle/cTAzFHwDJEb9FHhB8>
  - Airport Transfer: <https://forms.gle/41HiT51zFgigrNrN7>

### 15.4.2. Payments

- 50% of the total reservation to guarantee the reservation before **11<sup>th</sup> of March 2022**.
- 50% of the total reservation before **25<sup>th</sup> of March 2022**.

**For any Reservations received after 25<sup>th</sup> of March 2022 full payment will required**

For any question, please contact with the Official Organization:

*Mr. André Vieira*

[logistics.k1@fnkp.pt](mailto:logistics.k1@fnkp.pt)

Mobile +351 939 534 033

### 15.4.3. Cancellation

In case of cancellations, deposit/s made will non-refundable.

For any question, please contact with the Official Organization:

*Mr. André Vieira*

[logistics.k1@fnkp.pt](mailto:logistics.k1@fnkp.pt)

Mobile +351 939 534 033

## 15.5 AIRPORT TRANSFER

RATES PRICES IN EURO FOR 2 WAYS TRANSFER  
(Oporto Airport | Official Hotels | Oporto Airport)

**RATE PER PERSON 20€**

For any question, please contact with the Official Organization:

*Mr. André Vieira*

[logistics.k1@fnkp.pt](mailto:logistics.k1@fnkp.pt)

Mobile +351 939 534 033

## 16. WKF COVID PROTOCOL

To adapt to the local pandemic situation in Matosinhos, the Organization Committee will monitor and communicate if any specific COVID-19 protocol alterations are required.



**Key Elements**

**Karate in Times of Coronavirus**

### REQUIRED DOCUMENTS

All participants must submit the 2 following documents (I, II):

- I) Proof of COVID Status (only 1 of the following per person)
  - a. A Negative COVID-19 RT-PCR Test  
Result issued at most 72 hours before the onsite registration in English. No antigen tests will be accepted.
  - b. A COVID-19 Vaccination Certificate\*  
showing that they were fully vaccinated at least weeks before the day of registration.
  - c. A COVID-19 Recover Official Certificate\*  
They must have tested positive at least 2 weeks and at most 6 months (180 days) before registration day.

\*Specification in WKF Covid Protocol

- II) Waiver of Liability Form (only 1 of the following per person)
  - a. NF/Team Representative & Team List
  - b. Individual +18 years old
  - c. Individual - 18 years old (Parental Consent required)

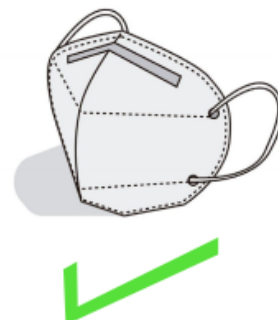




## CERTIFIED FACE MASKS

The use of Certified Masks of FFP2 type or equivalents (N95 (United States), KN95 (China), P2 (Australia/New Zealand), Korea 1st class (Korea), DS2 (Japan)) within the specifications for use is always mandatory in the venue, with the exceptions for athletes that are detailed herein.

Once an athlete enters the venue grounds the athletes must always wear Certified Masks except while warming up, training, and competing in the designated areas/tatamis, respectively. This also means the Certified Mask shall be worn in transit between the Warmup and Competition Areas.



## NOT ALLOWED MASKS



Surgical



Industrial



With Valve



Cloth

## 17. POSITIVE CASE MANAGEMENT

DUE TO THE CURRENT EMERGENCY HEALTH SITUATION THIS EVENT WILL BE HELD UNDER THE WKF COVID-19 PROTOCOL;

[https://www.wkf.net/pdf/WKF\\_COVID\\_protocol.pdf](https://www.wkf.net/pdf/WKF_COVID_protocol.pdf)

[https://issuu.com/karatewkf/docs/wkf\\_covid\\_19\\_protocol?fr=sODJhODIyNDE5ODQ](https://issuu.com/karatewkf/docs/wkf_covid_19_protocol?fr=sODJhODIyNDE5ODQ)

## 18. RETURN – HOME TESTING

The organization will provide to whom may be interested with a PCR or rapid antigen test. You can find a specific field on the event website for this purpose.

## 19. VISA

List of third countries whose nationals are exempted from holding a VISA when crossing the external borders:

<https://vistos.mne.gov.pt/en/short-stay-visas-schengen/general-information/who-needs-a-visa#list-of-nationalities-who-must-be-in-possession-of-a-visa>

Where Should You Lodge a VISA Application:

<https://vistos.mne.gov.pt/en/short-stay-visas-schengen/general-information/where-should-you-lodge-a-visa-application>

Anyone who needs an invitation-letter to present at the embassy to apply for the Visa, please fill in the form on the link <https://forms.gle/eCPs7NDyWzxDEDPUA>



## 20. CITY / COUNTRY INFORMATION

### 20.4 About Matosinhos



The city offers the supreme delight of leisure that oscillates between land and sea, in a cult of physical and psychological health, as a seasoning, for rest, for observation, for the exhilarating joy of sports, the personality of those who practices in scenarios of rare beauty.

The gastronomy of Matosinhos, increasingly appreciated and praised nationally and internationally, is considered one of the main tourist products in the county, being part of the most varied itineraries and guides for gastronomic promotion from north to south

of the country.

It's history, heritage, tradition, projection, without ever forgetting the unique flavor of sardines in bread. It's culture, art, leisure and other enchantments to see and review. But Matosinhos is much more than that, it's street, night, animation, light, color and sound, it's party, it's life and it's, after all, where everything happens.

Matosinhos is inevitably, sea, beach, surfing, diving, movement and sport, offering a vast and unique coastline where the green is lost in the blue.

Is faith, tradition and pilgrimage, not only as a crossing point on the roads to Santiago, but also in festivals and pilgrimages, with special emphasis on Senhor de Matosinhos, the church, the city's ex-libris, deserving a must visit. Matosinhos is unavoidably gastronomy, proudly assuming itself as the region's dining room, where you can't miss sardines, seafood and the stories of the people who were lost at sea.

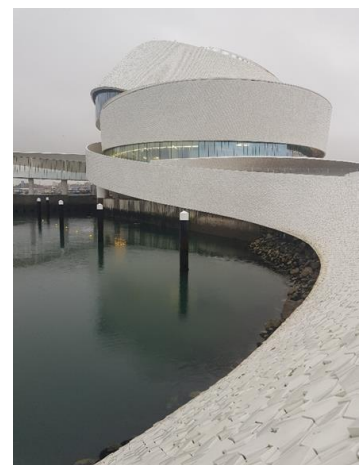
Matosinhos provides, unavoidably, a unique experience of travel and experiences, from the most remote times to the most innovative projects.

#### ***Terminal de Cruzeiros (Cruise Terminal)***

Opened in 2015, the Port of Leixões Cruise Terminal, designed by the architect Luís Pedro Silva, quickly became an ex-libris of the city of Matosinhos. The building, whose configuration recalls the moorings of boats to the quays, combines its avant-garde shape with a coating inspired by one of the most traditional Portuguese decorative materials: the tile. One million tiles, produced by the historic porcelain factory of "Vista Alegre", cover the structure of the building and allow a curious play of light throughout the day.

Capable of receiving the most modern and gigantic cruise ships, the Terminal is one of the main entrances for tourists in the region, but it also hosts a large set of research laboratories from the University of Porto related to the sciences of the aquatic environment.

Visits only on Sunday, from 9:30am to 12pm.



### **Farol da Boa Nova (Boa Nova Light House)**

The Leça Lighthouse is one of the thirty lighthouses on the Continent, located in the district of Porto, Municipality of Matosinhos.

Lighthouses are infrastructures used for maritime signaling and navigation aids, whose administration, management, maintenance and conservation are the responsibility of the Lighthouses Directorate. At the end of the 19th century, the need for a lighthouse in Leça or Leixões was already recognized, but it was only in the 20th century, more precisely in 1919, that the plans for the lighthouse were developed. The work was directed by engineer José Joaquim Peres and its tower is 46 meters high and 3.5 meters in diameter, being the second tallest lighthouse in the country and the last to be built in mainland Portugal. Visits are free and are only possible on Wednesday, from 2 to 5pm.



## **20.5 How to get to Matosinhos**

The closest airport is Airport Francisco Sá Carneiro and is 15 minutes away from Matosinhos.

### **METRO**

Metro trip planning link – <https://www.metrodoporto.pt/pages/285>

Airport – Matosinhos Congress Center:

- Purple Line (E) Direction “Trindade”
- Exit at “Senhora da Hora” stop
- Enter Blue Line (A)
- Get off at the “Estádio do Mar” stop
- Duration of the trip: 19m

### **BUS**

BUS trip planning link (BUS nº120 – Aeroporto-Guifões)

<https://www.google.com/maps/d/u/0/viewer?mid=1jpA0jOJoMw6o1lsg6jOMfsybiNPnzPnL&ll=41.2114095780161%2C-8.679017598533614&z=13>

Lines and schedules – <https://maredematosinhos.pt/linhas-horarios/>

## **20.6 Practical Information**

Currency:	Euros (€)
Time Zone:	UTC/GMT +1 hour
Weather in	max. 19°C (63°F) during the day and 8°C (46°F) at night in February
Matosinhos:	
Emergency services:	112 (medical, police, fire)
Electricity:	220 Volts / 50 Hz

## 21. MERCHANDISING

There will be at the Sports Hall specific spaces of material alluding to the modality and the event and on the event website: <https://k1portugal.fnkp.pt/>

## 22. OMISSIONS

As regards that the specific items are not expressly foreseen in the present bulletin reference is to be made to the general rules and guidelines contained in WKF Regulations.

## 23. TERMS OF RESPONSIBILITY

This form must be filled in and signed by the head delegation/ team and then uploaded during the registration for the event.

\_\_\_\_\_ the undersigned, as

- ☐ the Head of Delegation of my National Federation
- ☐ the participating Athlete
- ☐ the Referee

duly enrolled to participate in the Karate 1 Premier League, which will be held in Matosinhos (Portugal) from April 22<sup>nd</sup> to April 24<sup>th</sup>, with full knowledge of the Statutes, the Rules and the Norms of the World Karate Federation (WKF), pledge myself to faithfully accomplish the regulations of the aforementioned entity, and I take any and all administrative, civil and criminal responsibilities of whatever happens to

- ☐ our athletes, coaches, referees and other members of our delegation
- ☐ myself

participating at these Championships, before, during and after the competition, such as physical injuries, personal expenses, or monetary debts and casual material damages to the hotels, the venue, means of transportation etc.

Furthermore, I exempt from any legal, civil or criminal responsibilities the organizers of the Championships, the World Karate Federation and the Federação Nacional de Karate – Portugal, its directors, as well as any person, company, or entity related to the event (sponsors, public and private entities).

Country/Nation:	
Surname, First name:	
Passport number & expiry date:	
Credit Card details & expiry date:	
Position in the federation:	
Address:	
Phone number:	
Email:	

- € I authorize the organizers of the event to use images, photos and the names of our competitors and other members of our delegation / myself for the sport activities and publications of karate, related to the event, without any monetary compensation.

Date & place: .....

Signature: .....



22-24

**APRIL**

*Karate 1 – Premier League*

**MATOSINHOS 2022**

**Portugal**

